



**SEE NEXT
PAGE FOR
ACTIVITY
DETAILS**

PLEASE RSVP 5
BUSINESS DAYS
BEFORE
ACTIVITY

THEDISTRICT
NURSES.ORG.AU

03 6208 0500



MON	TUE	WED	THU	FRI	SAT
	01 BINGO 10am-12pm	02 NATURE ART PICTURES 10am-2pm	03 NATURE ART PICTURES 10am-2pm	04 BINGO 10am-12pm	05
	GAMES 1pm-3pm			CRAFT 1pm-3pm	
07 NATURE ART 10am-2pm	08 TRANSPORT FOR SHOPPING Departing Prosser 9am & Sorell 10am	09 AI PERSONALISED PHOTOS 10am-2pm	10 AI PERSONALISED PHOTOS 10am-2pm	11 BINGO 10am-12pm	12 PRIMROSE MARKETS AND RSL Departing Sorell @ 9:30am
				CARDS/CHESS 1pm-3pm	
14 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	15 OUTING TO THE BOTANICAL GARDENS Departing Prosser @ 9am & Sorell @ 10am	16 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	17 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	18 BINGO 10am-12pm	19
				CRAFT 1pm-3pm	
21 OUTING TO SWANSEA BARK MILL 9:30am-2:30am	22 BREAD MAKING 10am-12pm	23 FOOTY COLOURS DAY 10am-2pm	24 FOOTY COLOURS DAY 10am-2pm	25 BINGO 10am-12pm	26 MONA MUSEUM & GRANADA TAVERN Departing Sorell @ 9:30am
	Games 1pm-3pm			MOVIE 1pm-3pm	
28 AI PERSONALISED PHOTOS 10am-2pm	29 BINGO 10am-12pm	30 MAKE A BEE HOTEL 10am-2pm		* Please bring along your favourite pictures/photos for the AI personalised photo activity *	
	EXERCISE GROUP 1pm-3pm				

OUTING DETAILS

Join us for a day out exploring...

- **Saturday 12/08** – Visit to the Primrose Sands Market & Primrose RSL for lunch. **Departing Sorell 9:30am**
- **Tuesday 15/08** – Visit to the Royal Botanical Gardens & Café. **Departing Prosser 9am and Sorell 10am**
- **Monday 21/08** – Visit to Swansea & The Bark Mill for Lunch. **Departing Sorell 9:30am & Returning 2:30pm**
- **Saturday 26/08** – MONA Museum Visit (explore as much or as little as you like) & Grenada Tavern for lunch
Departing Sorell 9:30am

Notes:

- All Meals Provided on full in-house days
- Saturday - Bus included in cost - Meals NOT included
- CTST cost on all outings where the CTST bus is used
- Cost of morning tea, lunch and bus may vary depending on the program funding, please check with your coordinator if you're unsure
- Please do not arrive before 9:45am. This gives our staff time to set up and helps ensure everyone's safety, as early arrivals may be unsupervised.
- If f you're using CTST transport, please request a later drop-off time where possible

ACTIVITY DETAILS

Group Games

Join us for some fun and laughter and maybe even win a prize or two.

Arts and Craft

Get creative - Keep your hands busy and mind active by joining in with our art and craft activities. No experience is needed, just come along and have a go.

Bingo

Come and join in with one of our bingo groups for fun, prizes and great company!

Group Exercises

Gentle exercises to help maintain balance and coordination.

Social Baking

Get hands on and make your own tasty treat.

Transport for Shopping

Do you need to go to the Hearing Place? Coles? Bunnings? Eastlands? Drop offs in-between welcomed. Please book a seat and advise your locations around your requirements.