

MON	TUE	WED	THU	FRI	SAT
01 GROUP GAMES 10am-2pm	02 BINGO 10am-12pm EXERCISE GROUP 1pm-3pm	03 DECORATIVE MINI HAT MAKING 10am-2pm	04 DECORATIVE MINI HAT MAKING 10am-2pm	05 BINGO 10am-12pm GAMES 1pm-3pm OUTING 10am-2pm	06
08 DECORATIVE MINI HAT MAKING 10am-2pm	09 TRANSPORT FOR SHOPPING Departing Prosser 9am & Sorell 10am	10 VISIT FROM ADVOCACY TASMANIA 10am-2pm	11 GROUP GAMES 10am-2pm	12 BINGO 10am-12pm CRAFT 1pm-3pm OUTING 10am-2pm	13 OUTING TO GROVE & LONGLEY Departing Sorell @ 9:30am
15 OUTING TO BRIGHTON 10am-2pm	16 OUTING TO LESLIE VALE & KINGSTON Departing Prosser 9am & Sorell 10am	17 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	18 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	19 BINGO 10am-12pm EXERCISE 1pm-3pm OUTING 10am-2pm	20
22 MAKE YOUR OWN PIZZA & DESSERT 10am-2pm	23 BINGO 10am-12pm GROUP GAMES 1pm-3pm	24 CHERRY BLOSSOM ART 10am-2pm	25 CHERRY BLOSSOM ART 10am-2pm	26 BINGO 10am-12pm CRAFT 1pm-3pm OUTING 10am-3pm	27 OUTING TO DUNALLEY & NUBEENA Departing Sorell @ 9:30am
29 GROUP GAMES 10am-2pm	30 BINGO 10am-12pm EXERCISE GROUP 1pm-3pm				



SEE NEXT PAGE FOR ACTIVITY DETAILS

PLEASE RSVP 5 BUSINESS DAYS BEFORE ACTIVITY

THEDISTRICTNURSES.ORG.AU

03 6208 0500



OUTING DETAILS

Join us for a day out exploring...

- **Saturday 13/06** – Willi Smith's Artisan Market in Grove & Longley Hotel for lunch. **Departing Sorell @ 9:30am**
- **Monday 15/06** – Morning Tea in Sorell & Brighton Hotel for lunch. **10am-2pm**
- **Tuesday 16/06** – Leslie Vale Bush Bakery & Kingston for lunch. **Departing Prosser @ 9am and Sorell 10am**
- **Saturday 27/06** – Dunalley Bakery & Nubeena Tavern. **Starting in Sorell @ 9:30am**

❖ Disability Group:

Friday 05/06 Tasmanian Museum & lunch.....Friday 12/06 Visiting Oatlands & lunch.....Friday 19/05 Moonah Bowl & Pizza Hut for lunch.....Friday 26/06 New Town Op Shopping & Liv-Eat for lunch.

Notes:

- All Meals Provided on full in-house days
- Saturday - Bus included in cost - Meals NOT included
- CTST cost on all outings where the CTST bus is used
- Cost of morning tea, lunch and bus may vary depending on the program funding, please check with your coordinator if you're unsure
- Please do not arrive before 9:45am. This gives our staff time to set up and helps ensure everyone's safety, as early arrivals may be unsupervised.
- If f you're using CTST transport, please request a later drop-off time where possible

ACTIVITY DETAILS

Group Games

Join us for some fun and laughter and maybe even win a prize or two.

Arts and Craft

Get creative - Keep your hands busy and mind active by joining in with our art and craft activities. No experience is needed, just come along and have a go.

Bingo

Come and join in with one of our bingo groups for fun, prizes and great company!

Group Exercises

Gentle exercises to help maintain balance and coordination.

Social Baking

Get hands on and make your own tasty treat.

Transport for Shopping

Do you need to go to the Hearing Place? Coles? Bunnings? Eastlands? Drop offs in-between welcomed. Please book a seat and advise your locations around your requirements.