



SEE NEXT PAGE
FOR ACTIVITY
DETAILS

PLEASE RSVP 5
BUSINESS DAYS
BEFORE
ACTIVITY

THEDISTRICT
NURSES.ORG.AU

03 6208 0500



MON	TUE	WED	THU	FRI	SAT
		01 POSITIVITY MURAL 10am-2pm	02 POSITIVITY MURAL 10am-2pm	03 BINGO 10am-12pm GAMES 1pm-3pm OUTING 10am-2pm	04 OUTING TO THE GREAT LAKES Departing Sorell @ 9am
06 NAIDOC WEEK ACTIVITIES 10am-2pm	07 BINGO 10am-12pm COOKING 1pm-3pm	08 NAIDOC WEEK ACTIVITIES 10am-2pm	09 NAIDOC WEEK ACTIVITIES 10am-2pm	10 BINGO 10am-12pm CRAFT 1pm-3pm OUTING 10am-2pm	11
13 PLACE MATS & CUTLERY HOLDERS 10am-2pm	14 TRANSPORT FOR SHOPPING Departing Prosser 9am & Sorell 10am	15 FIRE SAFETY INFORMATION 10am-2pm	16 FIRE SAFETY INFORMATION 10am-2pm	17 BINGO 10am-12pm EXERCISE 1pm-3pm OUTING 10am-2pm	18 OUTING TO LEVENDALE HALL Starting Sorell @ 9:30am
20 OUTING TO BLACK BUFFALO 10am-2pm	21 OUTING TO CASINO Departing Prosser 9am & Sorell 10am	22 PLACE MATS & CUTLERY HOLDERS 10am-2pm	23 PLACEMATS & CUTLERY HOLDERS 10am-2pm	24 BINGO 10am-12pm CRAFT 1pm-3pm OUTING 10am-3pm	25
27 COMMONWEALTH GAMES DAY 10am-2pm	28 BINGO 10am-12pm EXERCISE GROUP 1pm-3pm	29 COMMONWEALTH GAMES DAY 10am-2pm	30 COMMONWEALTH GAMES DAY 10am-2pm	31 BINGO 10am-12pm GAMES 1pm-3pm OUTING 10am-3pm	

OUTING DETAILS

Join us for a day out exploring...

- **Saturday 04/07** – Morning Tea at Mood Food & Great Lake Hotel for lunch. **Departing Sorell @ 9am**
- **Monday 13/07** – Morning Tea in Sorell & Black Buffalo Hotel for lunch. **10am-2pm**
- **Tuesday 14/07** – Visit Sandy Bay/Surrounds & Casino for Lunch. **Departing Prosser @ 9am and Sorell 10am**
- **Saturday 18/07** – Morning Tea/Bingo in Sorell & Levendale Hall for lunch. **Starting in Sorell @ 9:30am**

❖ Disability Group:

Friday 03/07 Village Cinemas & lunch...Friday 10/07 Tandara Hotel for lunch...Friday 19/05 Aged and Disability Expo at Grand Chancellor...Friday 24/07 Moonah Bowl & lunch...Friday 31/07 Huonville Op Shops & Lunch.

Notes:

- All Meals Provided on full in-house days
- Saturday - Bus included in cost - Meals NOT included
- CTST cost on all outings where the CTST bus is used
- Cost of morning tea, lunch and bus may vary depending on the program funding, please check with your coordinator if you're unsure
- Please do not arrive before 9:45am. This gives our staff time to set up and helps ensure everyone's safety, as early arrivals may be unsupervised.
- If f you're using CTST transport, please request a later drop-off time where possible

ACTIVITY DETAILS

Group Games

Join us for some fun and laughter and maybe even win a prize or two.

Arts and Craft

Get creative - Keep your hands busy and mind active by joining in with our art and craft activities. No experience is needed, just come along and have a go.

Bingo

Come and join in with one of our bingo groups for fun, prizes and great company!

Group Exercises

Gentle exercises to help maintain balance and coordination.

Social Baking

Get hands on and make your own tasty treat.

Transport for Shopping

Do you need to go to the Hearing Place? Coles? Bunnings? Eastlands? Drop offs in-between welcomed. Please book a seat and advise your locations around your requirements.